

## Instructor Bios & Expert Advisory Board

### Director of Education

**Carolyn Sajdecki** I.T.E.C., I.I.H.H.T., I.H.B.C., M.I.C.H.T., B.T.E.C., M.B.T.L.A.

For over 2 decades, Carolyn's intensive study with authorities such as Deepak Chopra and Philippe Mailhebiau, together with her innovative professional skills and collegiate teaching experience in the USA and UK within the fields of wellness and complementary healthcare has earned her the reputation of 'expert'. A well-respected consultant to business, the media, educational, and private enterprises, and recently Martha Stewart Living Television, Carolyn specializes in WullStone FIRE (Far InfraRed Energy) Therapy, and Aroma Therapy. Author of BodyBalancing, UK, a number of international educational programs, and State Approved Instructor in IL and OR, she is also a long-term Board Member of the Aromatherapy Registration Council and co-developer of the first National Certification in Aromatherapy in the U.S. Carolyn has been a guest on "Lifestyles" and "Outlook" programs, Channels 9 and 2 News Health Reports, and speaker at the USC *National* Wellness Conference amongst many others. She is presently Director of Education and Training for US Advanced Medical Research Inc., and originator of the WullStone FIRE Therapy Training Programs.

**I.T.E.C.** International Therapy Examination Council

**I.I.H.H.T.** International Institute of Health and Holistic Therapies

**I.H.B.C.** International Health and Beauty Council

**B.C.C.M.P.** British College of Complementary Medical Practices

**M.B.T.L.A.** Member of the Beauty Therapy Lecturers Association UK

**B.T.E.C.** Business & Technology Education Council