



## THE BENEFITS OF Far InfraRed Energy

The therapeutic benefits of far infrared energy are well supported by world-wide research. (Link to References)

- Improvement in microvascular circulation of blood and lymph. Enhancement of tissue fluid exchange, enzyme activity and oxygenation of cells.
- Consequential support and facilitation of cardiovascular and lymphatic systems.
- Relaxation of muscles, extension of soft tissues, and subsequent improvement in flexibility: naturally alleviates the appearance of fine lines and wrinkles.
- Relief of discomfort and pain.
- Assistance in resolution of chronic inflammation and edema.
- Facilitation of deep cleansing of the skin and underlying tissues with efficient removal of toxins and waste products.
- Promotes collagen and elastin production within basal cell layer.
- Improves fibroblast functions for connective tissue repair
- Increase in cellular metabolism and support for weight-loss and detoxification management.
- Stimulation and support of immune system functions.
- Facilitation of vital homeostatic mechanisms and auto-regulation of the ANS
- Reduction of physical and psychological stress and fatigue.
- Aids penetration & delivery of product active ingredients
- Stimulates energetic Chi and Marma points that trigger vital homeostatic mechanisms, resulting in renewed radiance and a profound senses of inner balance.